# Waialua Health Clinic

## Now Open at the Waialua Shopping Center

## Quality Care Close to Home

Waialua Health Clinic is an extension of Wahiawā Health, a federally qualified health center. We provide affordable, compassionate, high-quality health care for people of all ages—from keiki and teens to adults, kūpuna and families.

Our knowledgeable, caring team is here to listen, answer your questions and help you feel comfortable and supported at every visit.



## Care for Everyone

We believe everyone deserves access to quality medical care, behavioral health services and social support, regardless of their financial situation.

A sliding fee discount is available based on household size and income. We accept certain state and private insurance plans, and our team can help uninsured patients explore coverage options for those who are uninsured or need additional support services.

## Services

- **Primary Care for Adults & Preventive Medicine**
  - Physicals, sick visits, chronic disease management
  - Laboratory services, screenings and immunizations, health education
- **Primary Care for Infants and Children**
  - Well-child checkups between 2 weeks and 3 years, and yearly after age 3
  - Immunizations for school entry and sports physicals
- **Behavioral Health**
  - Mental health, anxiety, depression, PTSD counseling
  - Stress and anger management
  - Substance addiction treatment and therapy
  - Quitting smoking & weight management
- **Geriatric Care**
  - Management of medications, mentation (mental activity), mobility, and what matters most to the patient
  - Cognitive testing
- **Diabetes Care and Management**
  - Diabetes screening, diagnosis, prevention and evaluation
  - Monitoring lowering A1C levels, blood pressure and cholesterol
- **Medication Delivery**
  - Wahiawā Health in-house pharmacy delivers medication to the Waialua Clinic and provide free home delivery to all patients
- **Telehealth services** provide remote visits and follow-up care

## Hours of Operation

**Monday to Friday**
**7:00am to 6:00pm**
Flexible hours following opening based on patient needs.

**Walk-ins welcome.**
Appointments recommended.

**Phone: 808-377-4200**
**Email:** info@wahiawahealth.org

**Scan the QR code to visit our website**

**We look forward to welcoming you to Waialua Health Clinic!**



Waialua Health Clinic, 67-292 Goodale Avenue, Suite A4, Waialua, HI 96791
Phone: 808-377-4200 E: info@wahiawahealth.org Web: wahiawahealth.org

# Waialua Health Clinic

## Your Health Care Team



### Skye Kaohu
**Lead Outreach and Care Coordinator**

Skye was raised in Wahiawā and is a graduate of Kamehameha Schools. As the Lead Outreach and Care Coordinator on the clinical care team, she works closely with individuals and families to address social determinants of health and connect them to essential resources and supportive services. Skye is committed to improving health equity and strengthening the well-being of the Wahiawā and Waialua communities through outreach and advocacy.



### Catherine Nguyen, FNP-BC, APRN-RX
**Nurse Practitioner**

Catherine brings more than a decade of nursing experience in community health, acute medicine and mental health, with advanced training in family practice and pediatrics. She has served diverse and multilingual communities in Canada and the U.S. Catherine is fluent in English and French, with additional proficiency in Spanish and Vietnamese. She enjoys surfing, running, meditation, baking and playing piano.



### Christy Werner, LCSW
**Licensed Clinical Social Worker / Therapist**

Christy has been a Licensed Clinical Social Worker for over 16 years and has spent much of her career supporting children, adolescents, adults, couples, and families throughout Hawai‘i.

At the heart of Christy’s work is the belief that people make sense in the context of their experiences, relationships, families, and communities. She approaches therapy with warmth, curiosity, humor, and respect, creating a space where people can feel heard and understood while working toward meaningful change. Her approach is trauma-informed, collaborative, and grounded in evidence-based practices, while recognizing that therapy is never one-size-fits-all. Christy values building genuine relationships with her clients and honoring the strengths, culture, and lived experiences they bring with them.

Christy earned her Master of Social Work from the University of Hawai‘i at Mānoa and her Bachelor of Arts in Psychology from the University of Northern Colorado.



### May Jane Trinidad
**Registered Nurse Case Manager**

May Jane attended James Campbell High School and earned her Bachelor of Science in Nursing from Hawaii Pacific University. She previously worked at Wahiawā Health as a Community Health Worker and at Queen’s Medical Center as a Nurse Aide.

Prior to joining Wahiawā Health, May Jane was a Nurse Aide at Queen’s Medical Center. When not working, she enjoys Pilates, taking walks, trying new restaurants and spending time with her family. She is looking forward to serving patients in her new role as a Registered Nurse Case Manager.



### Kristia Leanne P. D. Fuentes
**AGPCNP-BC, DNP, BSN, RN**
**Advanced Practice Registered Nurse**

Kristia is a dedicated and compassionate Board-Certified Advanced Practice Registered Nurse who believes in providing thoughtful, patient-centered care that treats the whole person.

She is passionate about building genuine relationships with her patients and families and providing care that is culturally sensitive, respectful, and centered around what matters most to each individual. Her connection to the local community is a meaningful part of who she is and continues to shape the way she cares for her patients.

Kristia received her Doctor of Nursing Practice and Bachelor of Science in Nursing from the University of Hawai‘i at Mānoa and is board-certified as an Adult-Gerontology Primary Care Nurse Practitioner through the American Nurses Credentialing Center.





Waialua Health Clinic, 67-292 Goodale Avenue, Suite A4, Waialua, HI 96791
Phone: 808-377-4200 E: info@wahiawahealth.org Web: wahiawahealth.org