



302 California Ave. Suite 106
Wahiawā, HI 96786

(808) 622-1618
info@wahiawahealth.org

Behavioral Health Services

At Wahiawā Health, it is our great privilege and pleasure to provide behavioral health services to our community. We believe behavioral health is an important part of a person's well-being and happiness. It is our commitment to help people in our community live happy, healthy, and full lives.

We have a diverse group of behavioral health providers who have a breadth and depth of experience and expertise. Our providers are aware and sensitive to the various cultures that make up our wonderful community and work tirelessly to provide individual treatment that is professionally and culturally relevant to each patient.

We provide services for children, adults, kupuna, families, and couples. Our behavioral health team also works closely with and supports other departments at Wahiawā Health, to ensure all your needs are met.

Your Behavioral Health Team



Rhea Nekota, PsyD
Licensed Clinical Psychologist

Originally from Oahu, Dr. Nekota attended Mililani High School and obtained her doctorate in clinical psychology from Argosy University in Honolulu.

Dr. Nekota previously served as the primary care psychologist for the Waimanalo Health Center as well as a behavioral health clinician for Waianae Coast Comprehensive Health Center.



Gina Mujinga Christopher, LMHC, NCC
Licensed Mental Health Counselor

Born in the Democratic Republic of Congo in Central Africa, Gina is a licensed clinical mental health practitioner and board certified by the National Board for Certified Counselors, Inc.

She obtained her Bachelor of Science degree in general studies with infancy in psychology, and her Master of Science degree in clinical mental health counseling at the University of Nebraska in Omaha.



Dr. Renee Foster
Doctor of Nursing Practice

Dr. Foster is a Board-certified Family Nurse Practitioner and a Board-certified Psychiatric Mental Health Nurse Practitioner.

She received her Bachelor of Science degree in nursing at Southeastern Louisiana University, her Master of Nursing degree as a Family Nurse Practitioner at Loyola University of New Orleans, and both her post-master's degree as a Psychiatric Mental Health Nurse Practitioner and Doctor of Nursing Practice at the University of South Alabama.



Mavis Alaimalo, PsyD
Licensed Clinical Psychologist and Certified Substance Abuse Counselor

Dr. Mavis Alaimalo was born in American Samoa and raised in a rough, low-income community, where adversity and resilience shaped her early years.

As a Licensed Clinical Psychologist and Certified Substance Abuse Counselor (CSAC), Dr. Mavis brings a wealth of experience addressing a wide spectrum of mental health challenges, helping adults navigate depression, anxiety, addiction, and life transitions.



Liliuokalani (Lili) Hirade
Nurse Practitioner, DNP, APRN-Rx, FNP-BC, PMHNP-BC

Dr. Foster is a Board-certified Family Nurse Practitioner and a Board-certified Psychiatric Mental Health Nurse Practitioner. She is a dual-certified nurse practitioner specializing in family practice and psychiatric mental health. She completed her Bachelor of Science degree in Nursing and Doctor of Nursing Practice degrees at the University of Hawai'i at Mānoa, earning her board certification in family practice. Witnessing the profound connection between mental health and physical health inspired her to further her education. She completed a post-doctorate at Chaminade University of Honolulu to achieve board certification in psychiatric mental health.

Services

We encourage you to take the first steps to peace, happiness, and fulfillment. Here are some of the many services we provide at our behavioral health department:

- Anxiety
- Bipolar
- ADHD
- Social Skills
- Panic Attacks
- Trauma/ Abuse
- Substance Abuse
- Major Life Changes
- Weight Management
- Depression
- Psychosis
- Smoking Cessation
- Stress Management
- Anger Management
- Grief
- PTSD
- Parenting

Call today to schedule an appointment:

(808) 622-1618

Open five days a week

**Behavioral Health Hours:
Mon-Fri: (7am - 7pm)**

wahiawahealth.org

Conveniently located at:

302 California Avenue, across from Jack in the Box with plenty of free parking.