

Your Geriatric Care Team



Alain Takane
MD
Toahktechn
Apwalih Me Mah
oh Toahktechn
Apwalih Peneinei

- Alehdi serdipikeisin sang-Pword ong apwahli me mah oh toahkehn peneinei
- Keirda Hilo
- Kesepwil sang University of Hawai'i nan Mānoa ni wasahn kasukuhl en toahkte de wini ni John A. Burns School of Medicine
- Alehdi nah mahsders en public health ong social oh sains en roson mwahu me pid mwekid de behavioral health
- Kanekehla pirokram en kasukuhl me pid ni University of Hawai'i



Kayla Bajo
PharmD
Kaun en Ohpis en
Pharmacy

- Ipwidi oh kekeirda nan Wahiaiwā oh kesepwil sang Leilehua High School
- Alehdi Bachelor en Arts nan Sains en Pharnasudikel oh Docdored en Pharnsesi sang College en Pharnesi Daniel K. Inouye ni University of Hawai'i nan Hilo
- Alehdi serdipiked en sohn sawas me pid kaliksang Sumwok Sika ni Sukuhl en Medikel ni University en Massachusetts
- Alehdi National serdipiked en sawas en kaliksang Sika sang palien National Certification Commission for Addiction Professionals



Wasahn wini oh sawas en roson mwahu sang tehte de sawas sang koperment laud de federal, sawas ong me kin kouson Wahiaiwā, Waialua, Mililani, Schofield, Kunia oh mehn nimpatakan wasah tehiou me koaros pahn ale soangen sawas en roson mwahu tohto me mwahu.

Insurens

Se kin oh kak alehda songen pilan en insurens en roson mwahu me tohto, me iangahki AlohaCare, HMSA, United Healthcare, HMAA, Ohana Health Plan, UHA, Tricare Select, Medicare, Medicaid oh pil ekei insurens me piraiped de likin insurens me kileldi powehkan. Ma komw sohte naineki insurens, ah se kak sowesei komwi oh audehda omwi tungoal doaropwehn aplikeisin en alehda insurens oh pil kihwei sawas me pweitikitik de me sohte pahn nohn pweilaud.

Ma sohte noumw insurens, komw kalahngan oh wahdo EHU doaropwe me pahn wia men kadehde en wen sent me komw kin aliale, kolokol de wahda sang ni doadoahk:

- Kapin tek me kapw de me ke ahpwete alehdi
- Doaropwehn Tax
- Doaropwehn Unemploimend
- Doaropwe men kadede me komw kin aliale sawas sang Department of Human Services
- Doaropwe men kadehde me komw kin aliale sawas sang Temporary Assistance for Needy Families

Langahki EHU doaropwe de kilel en kadehde ihs komwi:

- Driver's license
- State ID
- Passport de green card

Awahn Doadoahk de Ritidahn Doadoahk (tehkada nait wepsaid ong awahkan koaros)

Wasahn Sawas en roson mwahu ong me likeilapalahrkan

Niehd-Niepeng: (7 nimenseng – 5:30 mwurin souwas)

Keiou en oh Kesiluh en Rahn Kaunop en sounpwong: (7 nimenseng – 5 mwurin souwas)

*Ong Rahn Kaunopakan awahn ritidahn wasahn doadoahk de ohpis pahn kakete wekila sang ni en wen tohtohn toahkte me doadoahk

Wasahn Sowese Roson Mwahu En Me Likeilapalah Suite 106B

Wasahn tuweng toahkte me kin apwalih Peneinei Suite 106A

Sawas En Roson Mwahu Ong Lihakan-Suite 106B



Wasahn Sawas en roson mwahu ong me likeilapalahrkan

Wasahn Sawas en roson mwahu ong me likeilapalahrkan-Suite 106B

Niehd-Niepeng: (7 nimenseng – 5:30 mwurin souwas)

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Eker kit ni nempahn telepwohn (808) 622-1618

Ong sawas en anahn likin awahn doadoahk, eker Physician's Exchange ni nempahn telepwohn: (808) 524-2575



Poahson En Aht Doadoahk

Sang ni aht peren en aloha oh men sowese me apwal se kihda sawas en roson mwahu me pwei mwahu, sahpis keiou mwahu ong roson mwahu oh sawaskan me pid roson mwahu pwe rn wia kamwahupen roson mwahu en wehi pokon.

Sawas ong koaros me kin kouson Wahiaiwā, Waialua, Mililani, Schofield oh men nimpatakan.

Geriatrics Pohnpeian July 2024



Wasahn Sowese Roson Mwahu En Me Likeilapalahr

Dr. Alain Takane, me kin kaunda wasahn sowese roson mwahu en me likeilapalahr en Wahiawā Health, ih emen toahkehn apwalih soumwau ong me likeilapalahr oh eh board-certified oh ienge pwihn en sawas pil kin sowese ih nan doadoahk wet.

Pwihn en sawas en roson mwahu ong me likeilapalahr

Pwihn en sawas en roson mwahu ong me likeilapalahr kin ngoangki oh sawaspene pwe ren kak sowesehda me soumwahukan, arail penienie oh pil neirail sohn sawas pwe ren kak alehdi sawas mwahu oh pil pouseieng me mahkan sawas me re keiou anahnehan.

Sawas en Pouse Roson Mwahu ong Weipokon Wahiawā Health me kin sawas oh pwukoahki pouse irehkan me pid apwal en alehdi sawas en roson mwahu oh duwen ahn koaros pahn kak alehdi sawas en roson mwahu ni ahr:

- Sawaski ong koaros me pid kamangai en peidaid lahng apoinmdendkan.
- Deliper de wisik winilahng me soumwahu.
- Pouse ong me soumwahu tehtehan me pid mwenge, wasahn kouson, dipwisou de mehn kamwakelkan.
- Kihda sawas en telehealth apoinmdend nan pidio conperens

Pikorkahm en Perehsang Soumwahu en Suke

Wahiawā Health kin kihda pirokrahm en kasukuhi en perehsang soumwahu en suke nan erien sounpar ehu oh pirokrahm wet wia men de iren kalohk oh kapese ong koaros me sansalehr me re miher nan soumwahu en suke apw saik laud oh met pil pid ong kaweid ong irailkan me miher nan irair en soumwahu wet pwe ren kak kawukala arail mour de wihwia pwe ren dehr alehdi de peresang irail type 2 en soumwahu en suke.



Koasoandi en ire me pid 4Ms

En soumwahu apoinmdend en toahkte koaros pahn alehdi kosou me pid 4M ihmet me pahn kasalehda duwen sawas ong me soumwahuo pwe en kak pwungehng en me soumwahuo anahn en sawas en



Age-Friendly Health Systems

Me pid en soumwah ahr tuhweg ahr toahkte

Ansou me me soumwahu en likeilapala kin tuhweg toahkehn sawas en roson mwahu en me likeilapala iet kosou me re pahn alehdihkan:

- Kosou en 4M nan ansou en apoinmdend koaros: winikan, kosou en duwen madmadau, mwekid, oh irehkan me keiou kesempwal ong me kohwa soumwahuo
- Kosou me pid soumwahu en me likeilapalahkan: pwupwidikan, poun en palinwar, ingen en mwenge, ke men pipihs, rong wasa, kileng wasa, irekdi en ngih, meir, wasa medek, iheteng, sonsuwed, anahn en tohn sawas, perehsang me keper, patehng aramas de tohrohsang aramas.
- Kosou en Madmadau de manokonok
- Kosou en soumwahu en me mah me pid pwunod de phtou laud
- Kaweid en ale wini tohto
- Katikala wini de kawulala doaropwehn wini me solahr doadoahk de anahnepe
- Kaunopada koasoandi en imwin mour
- Kosou en soumwahu de roson mwahu oh dok en silasil
- Koasoandi en komaoldisang diraip sdosa, ma mie anahepe
- Sawas ong peneinei oh/de ong sohn sawas me kin kouson oh apwalih me soumwah