

Your Diabetes Care Team



Kir'ulei Na'ahi'elua, MSN, APRN-RX, BC-ADM, PMHNP-BC

Psychiatry and Diabetes Specialist

- Degree in Social Work at the University of Washington
- Master of Science degree in Nursing from the University of Hawai'i
- Post-Master's Certificate as a Psychiatric-Mental Health Nurse Practitioner from Johns Hopkins University
- Obtaining a Master of Science in Clinical Service Operations at Harvard Medical School



Wasahn Kihda Wini RxSafe® Automation

- Wahiawā Health's aht wasahn kihda wini kin doadoahngki RxSafe pirokrahm me kin sowese kamangaila de kamadangehla duwe kohdahn wini sang nan dispenser de wasahn kihda wini, eden pirokrahm wet de sisdem wet iei PakMyMeds™.
- PakMyMeds kin koasoanehdi doaropwehn wini sang toahktehkan oh kihpene wini nan ehdkei me mengihtik en wini kin kilelidi powe pwehn sowese kadehde rahn oh kuloak en ansoun ale de kang wini. Met ong me kohwa soumwahukan me kin ale wini me tohto,
- RxSafe kin sowese me soumwahu ale wini ni pwung, mwahu oh kin sowesehda me soumwahukan maiaudahsang arail soumwahu.



Kayla Bajo, PharmD

Clinical Pharmacist, Tobacco Treatment Specialist, Diabetes Self-Management and Wellness Educator

- Born and raised in Wahiawā and a Leilehua High School graduate
- Bachelor of Arts in Pharmaceutical Sciences and a Doctorate in Pharmacy from the Daniel K. Inouye College of Pharmacy at the University of Hawai'i at Hilo
- Certified Tobacco Treatment Specialist with the University of Massachusetts Chan Medical School



Skye Kaohu

Community Health Worker

- Born and raised in Wahiawā
- Graduate of Kamehameha Schools
- Studying nursing at Kapi'olani Community College
- Passionate about giving back to the community of Wahiawā

Wahiawā Health

Wasahn wini oh sawas en roson mwahu sang tehte de sawas sang koperment laud de federal, sawas ong me kin kouson Wahiawā, Waialua, Mililani, Schofield, Kunia oh mehn nimpatakan wasah tehiou me koaros pahn ale soangen sawas en roson mwahu tohto me mwahu.

📍 Wasahn kihda sawas me pid Soumwahu En suke Suite 214

☎ Wasahn kihda swas en Soumwahu En suke nempheh telephohn: (808) 622-1601

Wahiawā Health

Wasahn kihda sawas me pid Soumwahu En Suke

- Des en Soumwahu En Suke, Des en kadiarakada Soumwahu en Suke, sawas en perehsang Soumwahu en Suke oh kosoukan me pid Soumwahu en Suke
- Kasukuhl en Soumwahu En Suke oh Sawas en Mwenge me mwahu on Soumwahu En Suke
- Kosou me pid tehtehk duwen katikalahn AIC, inta laud oh kolesterol
- Sawas en kaweid me pid katiklahn palinwar de sohla mworourou oh me pid kapwunod
- Sawas en kaweid en ale wini en suke sang nan aht wasahn kihda wini de dispenser en wini

—Eker kit ni nempheh telephohn (808) 622-1601—

Ong sawas en anahn likin awahn wasahn doadoahk, eker Physician's Exchange ni nemphe: (808) 524-2575



Poahson En Aht Doadoahk

Sang ni aht peren en aloha oh men sowese me apwal Se kihda sawas en roson mwahu me pwei mwahu, sahpi keiou mwahu ong roson mwahu oh sawaskan me pid roson mwahu pwe rn wia kamwahupen roson mwahu en wehi pokon.

Sawas ong koaros me kin kouson Wahiawā, Waialua, Mililani, Schofield oh men nimpatakan.

Wahiawā Health developed a culturally relevant diabetes specialty center based on a holistic approach. The center incorporates medication management, social determinants of health, and community health outreach to create a bridge between primary care providers, pharmacy services and community resources.



Wasahn sawas me pid Soumwahu En Suke

Wasahn kihda sawasakan me pid Soumwahu En Suke

Pwihn en Wahiawā Health's me kin kihda kaweid en sawas en soumwahu en suke kin sawaskihda kasukuhl en soumwahu en roson mwahu en suke ong me kohwahki soumwahu wet oh anahne sawas pwe ren kak kamwahih arail mour, oh pil katikala pweinen wini de koadoahk en soumwahu. Sawas kan iei:

- Des en Soumwahu En Suke, Des en kadiarakada Soumwahu en Suke, sawas en perehsang Soumwahu en Suke oh kosoukan me pid Soumwahu en Suke
- Kamwauhlahn soumwahu sang ni kaweid en toahkte me pid kawukalahn ieias en mour, kasukuhl ong me soumwahu, kaweid en mwenge me mwahu ong soumwahu en Suke oh kaweid me pid itehn mwenge me konehng soumwahuo en kin sakan
- Kosou me pid tehtehk duwen katikalahn A1C, inta laud oh kolesterol. Tehkpen suke nan inta.
- Sawas en kaweid me pid eksersais de mwekidseli.
- Sawas en kaweid me pid katiklahn palinwar de sohla mworourou oh sohla pwunod.
- Kosou me pid wini me kohwa soumwahu kin ale de kang, ma anahnepe, oh duwen doadaohngki insulin
- Sawas ong koaros me ahniki anahn tohrohr oh pil iangahki me likeilapalahr kúpuna.

Tohn doadoahk en kihda wini pahn sowese me soumwahukan ki me pwutak:

- Sawas koaros me pid kaweid en ale wini nan Telehealth de ni ansou en tuhweng toahkte.
- Delipery de wini wisiklahng ni imwen me soumwahu ni sohte isaispe.
- Des en soumwahu en pwunod laud oh/de soumwahu en pwunod me sohte nohn doar oh sawas sang toahktehn roson mwahu en madmatau de clinical psychologist de ners me kin sowese tohn doadoahk en psychiatric me pid roson mwahu en madmatau.
- Dipwisou en kasawih suke oh inta laud pahn kohda sang American Heart Association ong men sowese tehk soumwah en inta laud.

Sawas en Pouse Roson Mwahu ong Weipokon

Pwihn en Wahiawā Health's me kin sawas oh pwukoahki pouse irehkan me pid roson mwahu oh duwen ahn koaros pahn kak alehdi sawas en roson mwahu ni:

- Sawas ong koaros me pid kamangai en peidaid lahng apoinmdendan.
- Deliper de wisik wini lahng me soumwahu.
- Pouse ong me soumwahu tehtehkan me pid mwenge, wasahn kouson, dipwisou de mehn kamwakelkan.

Sawas en Roson Mwahu me pid Wihwia

Aht pwihn en sohn sawas ong me anahne sawas en wihwia kin doadaohngki soangen wiepen sawas me tohto me pahn sowesehda me soumwahu pwe ren kak wehwehki soangen madmatau me sohte mwahu me kin kahpwalehla duwen wihwia de mwekmwekid en me kohwa soumwahuo.

- Kamwahupehkan sawas pwukat kak kiheng aramas popul oh roson mwahu me pid ahr kohwa soumwahu, kamwahuiala ahr madmatau en wasa me re soh itariki nan arail mour, kameleileiraildi, oh pein soweseirail ren esehla duwen ahr pahn kanangamah, meleilei mwohn ahr wia mekhot oh madmatau de meleilei mwahu.
- Me soumwahukan pahn kak pein-koaiak ong pein apwalih arail anahn oh pein wekidala dahme re anahne wekidala nan arail mour, ahnikihda popul mwahu oh kalaudehla ahr ale sawas en roson mwahu en kohwa suke.

Insurens

Se kin oh kak alehda songen pilan en insuren en roson mwahu me tohto, me iangahki AlohaCare, HMSA, United Healthcare, HMAA, Ohana Health Plan, UHA, Tricare Select, Medicare, Medicaid oh pil ekei insurens me piraiped de likin insurens me kileldi powehkan. Ma komw sohte naineki insurens, ah se kak sowesei komwi oh audehda omwi tungoal doaropwehn aplikeisin en alehda insurens oh pil kihwei sawas me pweitikitik de me sohte pahn nohn pweilaud.

Awahn Doadoahk de Ritidahn Doadoahk

(tehkada nait wepsaid ong awahkan koaros)
Wasahn Sawas en roson mwahu en soumwahu en Suke Niehd-Nialem: (7 nimenseng- 7 ninsoutik)

Wasahn sawas me pid Soumwahu En Suke-Suite 214

Wasahn sawas me pid Soumwahu En Suke: (808) 622-1601

📍 302 California Ave. Suite 106, Wahiawā, HI 96786

☎ (808) 622-1618

✉ info@wahiawahealth.org

🌐 wahiawahealth.org

