

Óm Kúmiin Túmúnúún Chinnap



Alain Takane
MD
Tokterin Chinnap

- Mi certify seni Board an epwe tokterin chinnap me tokterin famini
- E maaritá me Hilo
- E sóchungio seni ewe University of Hawai'i at Mānoa John A. Burns School of Medicine
- A angei néún Master's degree nón public health ren pekin semwenin mental health me supwa me drugs
- A áweesi an ewe University of Hawai'i fellowship training prokram fán iten túmúnúún chinnap ren pekin health



Rachel Randall,
PharmD, BCPS, BC-ADM
Chón Awora Sáfei seni Pharmacy

- A angei néún Doctorate nón Pharmacy (Pekin Awora Sáfei) seni ewe University of Hawai'i at Hilo
- A angei néún Bachelor of Science degree seni ewe University of Hawai'i at Mānoa nón pekin káé ussun mwéngé me ifa ussun mwéngé mi vitamin a kan ánisí fetáin péchékúnen inisich
- Mi certify seni Board pwe I emen sousinenap non pekin túmúnúún me sáfeen semwenin suke

Insurance

Ám mi etiwa meinisin sókkun insurance, pachonong AlohaCare, UnitedHealthcare, HMSA, HMAA, Ohana Health Plan, UHA, Tricare Select, Medicare, Medicaid me pwan ekkóch private insurance. Iká ese wor noum insurance, kich mi tongeni ánisuk ne enroll in aamwo iká en mi tongeni méénatiw iká kese tongeni. Kich mi awora ánnis mi discount anóngónóng wóón óm income iká mooni tonong.

Ren ach sipwe verify óm income, kese mochen uweiato EU me nein ekkéi document iká ese wor noum insurance:

- Recent pay Stub
- Tax return
- Unemployment registration
- Proof of Department of Human Services benefits
- Proof of Temporary Assistance for Needy Families

Pwan EÚ me nein ekkéi sókkun ID:

- Driver's license
- State ID
- Passport or green card

Kunókun Suuk (ppii ewe website ren full list)

Án Ekkewe Chinnap Center

Sárinfáán-Érúanú: (7 am – 5:30 pm)

Áewin me eúnúngatin Ammón nón eú maram:(7 am – 5 pm)

Ammón e kan anóngónóng wóón iká mi wor chón angang



Eú health center (federally qualified), mi awora ngeni chón Wahiawā, Waialua, Mililani, Schofield, Kunia me ekkewe sóóp únúkkúúr eú chék neenien sáfei mi ochchuppa meinisin sókkun health care mi múrinne.

📍 **Án Ekkewe Chinnap Center – Suite 106B**

Án Chón ewe Famini Pekin Health- Suite 106A

Án Fefin Pekin Health - Suite 106B



Án Ekkewe Chinnap Center

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Sárinfáán-Érúanú: (7am – 5:30pm)

Áewin me eúnúngatin Ammón: (7am – 5pm)

*Ammón e kan anóngónóng wóón iká mi wor chón angang *

Kékkéri kich wóón (808) 622-1618

*Ren neeni mi suuk mwirin kunókun angang,
kékkéri Physician's Exchange: (808) 524-2575*



Met Ékúnéech

Fiti ach aloha me chúnú aramas, sia awora pekin túmwún mi múrinne pwan mé éch ren nónnómun me péchékkúnen inisich fán iten eú healthy community.

*Sia kan ánnis Wahiawā, Waialua, Mililani,
Schofield me ekkewe sóóp únúkkúúr*

Chuukese- Sept. 2023



Án Ekkewe Chinnap Center

Ewe Wahiawā Health chinnap center a nóm fán emmwenien Dr. Alain Takane, emén board-certified tokterin chinnap, pwan fán ánnisin eú kúmiin chón túmúnú chinnap.

Kúmiin Chón Túmúnú Chinnap

Án ekkewe chinnap we kúmiin túmwún a mochen epwe wor angangfengen, me ekkewe patient, ar kewe famini me chón túmúnúúr repwe nipwákééch ne anapaanó sókkun ánnisin epwe toriir, me tikeri ekkewe ra chinnaponó ikewe re kon osupwangen ánnisin ie.

Community Health Outreach

Wahiawā Health a weweiti ekkewe weires nón ach community me a emecheresi an epwe tour medical care ren an:

- Ánnisin ne set up waa ngeni medical appointment
- Deliver safei
- Emmweni ekkewe patient ngeni ekkewe ánnisin ren mwéngé, housing, me hygiene supplies
- Awora telehealth visit ren video conference

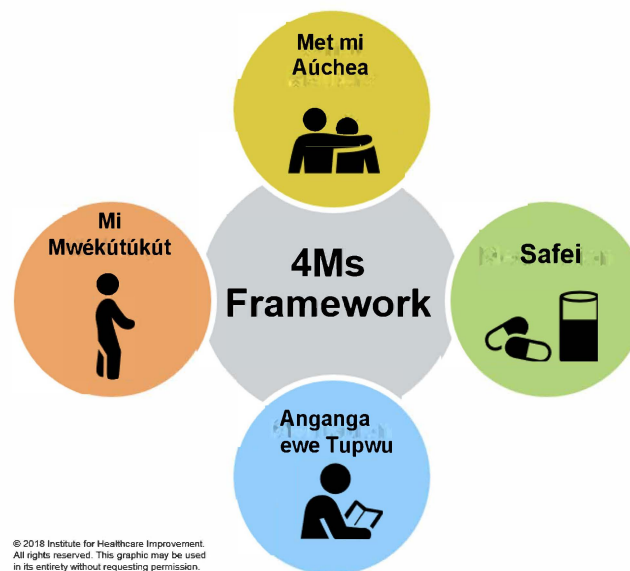
Eppet Semwenin Suke Prokram

Wahiawā Health a awora eú ier Eppet Semwenin Suke Prokram an epwe anapaanó óm weweiti prediabetes me peseok óm kopwe siwini nónnómun manawom pwe kopwe eppet iká áweiresi an epwe uruk Type 2 Semwenin Suke iká pwe ka fen prediabetes. Unusen ena eú ier, néúch keei certified lifestyle me wellness coach repwe ánisuk ren ar ossukunnók ussun óm kopwe lose weight me fókkun healthy.



The 4Ms Framework

Iteiten emén patient epwe visit iwe epwe go thru eú comprehensive 4M assessment mi aúchea fán iten án ena patient care plan epwe fit ngeni met e need.



Age-Friendly Health Systems

Patient Visits

Atun án ekkewe chinnap visit ekkewe patient repwe go thru ekkeeí sókkun assessment:

- 4M assessment iteiten visit: sáfei, anganga ewe tupwu, mi mwékútúkút, me met mi kon aúchea ngeni ewe patient
- Geriatric review of syndromes: mi kan turunó, fite paunna, mi mwón anan, ese chún mwéchéngeni kónik me kiten mwéngé, mi rong, mi kuna, ngiin, annut, metek, mwéch pinchéén, ifa ussun, met ewe chón túmún e need, pekin safety, mi fiti emwicheich me mi ánáeménúnó
- Test iká a ifa nónnómun ewe tupwu
- Chekin semwenin netipechou ren ekkewe ra chinnap, iká mi namot
- Polypharmacy – met epwe féri iká a chómmóng sáfei
- Deprescribing – kókkótun ekisaanó iká fen eúkaanó ekkewe safei ese chún namot kopwe angei iká ekkewe ra fen efeiengaw ngonuk
- Finaatá kókkótun pekin sáfei me túmwún ren nesor me pénóón iei chék atun mi chún chú awen ewe patient
- Chekin semwen me oppwos
- Kókkótun an epwene retire seni uwou tarakú, iká mi namot
- Ánnisin ngeni famili me/iká ekkewe chón túmwún