

## Your Diabetes Care Team



**Ku'ulei Na'ahi'elua,**  
MSN, APRN-RX, BC-ADM,  
PMHNP-BC

Sousinenap Pekin Mental  
Health me Semwenin  
Suke

- A angei néun Degree nón Social Work seni ewe University of Washington
- A angei néun Master of Science degree nón Nursing (Kangof) seni University of Hawai'i
- A angei néun Post-Master's Certificate an epwe Kangofun Pekin Mental Health, Sakaw me Drugs, me Netip seni Johns Hopkins University
- A angei néun Master of Science degree nón Pekin Kókkótéchún Túmúnúun Patient seni Harvard Medical School



**Rachel Randall,**  
PharmD, BCPS, BC-ADM

Chón Awora Sáfei seni  
Pharmacy

- Tokterin Pekin Sáfei seni ewe University of Hawai'i at Hilo
- A angei néun Bachelor of Science degree seni ewe University of Hawai'i at Mānoa nón pekin káe ussun mwéngé me ifa usun mwéngé mi vitamin a kan ániisi fetáin péchékúnen inisich
- Mi certify seni Board pwe I emen sousinenap non pekin túmúnúun me sáfeen semwenin suke



**Skye Kaohu**

Chón Angangen  
Pekin Community  
Health

- Uputiw me maritá Wahiawā
- Sóchungio seni Kamehameha Schools
- Fiti sukunen kangof me Kapi'olani Community College
- A mmen mochen epwe ániisi Wahiawā community



### Án ewe Pharmacy RxSafe® Mwesinen Kaworen Sáfei

- Án Wahiawā Health we pharmacy a wor an mwesinin kaworen sáfei itan PakMyMeds™ a kan awora met tokter a makkee pwe unumom sáfei, ineet kopwe unumi, me pwan ekkoch pwóróusan mi pwúng me a emecheresi ach angang sáfei.
- PakMyMeds a kan uwounong unumom kewe sáfei seni tokter nón en me neenian mi mak ineet me kunókun úun. Ren ekkewe patient mi chómmóng únúmeer sáfei seni tokter, ewe
- RxSafe mwesinen kaworen sáfei a anapaanó túmúnúun ekkewe patient me péchékkúner nesor me pénóón.



Eú health center (federally qualified), mi awora ngeni chón Wahiawā, Waialua, Mililani, Schofield, Kunia me ekkewe sóóp únúkkúur eú chék neenien sáfei mi ochchuppa meinisin sókkun health care mi múrinné.

📍 Semwenin Suke Center - Suite 214

☎ Semwenin Suke Center Direct:  
(808) 622-1601



## Semwenin Suke Center

- Check ren Semwenin Suke, pwóróusan, me eppetin an esap uruk
- Ossukunnen Semwenin Suke me pekin mwéngé mi healthy
- Ekisaanó A1c level, feitá chcha me cholesterol
- Túmúnú choun inisum me éúkkúúú óm aúrek
- Ach ei pharmacy rech a kan awora pekin check me túmwún ngeni patient ren ekkewe sókkun sáfei ra kan úkkúún

**Kékkéríkich wóón (808) 622-1601**

Ren neeni mi suuk mwirin kunókun angang, kékkéri  
Physician's Exchange: (808) 524-2575



### Met Ékúnéech

Fiti ach aloha me chúnú aramas, sia awora pekin túmwún mi múrinné pwan mé éch ren nónnómun me péchékkúnen inisich fán iten eú healthy community.

Sia kan ánninis Wahiawā, Waialua, Mililani,  
Schofield me ekkewe sóóp únúkkúur

Chuukese- Sept. 2023

Wahiawā Health diabetes specialty center a nōngōnōng wōn éereni me a ochchuppa sókkōpaaten met mi namot. Ei center a ochchuppa medi-cation management, ekkewe social determinant ren health, me community health outreach ne ochufengenni primary care providers, pharmacy services me community resources.



## Semwenin Suke Center

### Áninnis mi Kawor Seni Ach Semwenin Suke Center

Wahiawā Health kúmiin túmúnúun semwenin suke a awora pekin ossuukun ngeni néún kewe patient mi suke ren ar repwe emúrinneénó nōnnōmun manawer, sinei repwe ifa ngeni ar semwen me ekisaanó méén ar sássáfei. Ekkewe áninnis a pachonong:

- Check ren Semwenin Suke, pwóróusan, eppetin an esap uruk me met ar nennengeni.
- Péchékkúnom me nōnnōmun epwe mūrinnéénó ren óm féri siwin nōn manawom, óm káé, angei counseling ren pekin mwéngé mi vitamin me óm éúúúúú sókkun onom mwéngé.
- Ekisaatiw A1c level, feitá chcha me cholesterol. Chechcheki úkúúúú suke nōn inisum.
- Emmwen ren óm kopwe émwékútúkútú inisum.
- Túmúnú choun inisum me éúúúúú óm éúrek.
- Kakkaton iká met ke meefi atun ka úún sáfei me, opposun insulin iká mi need kopwe angei.
- Túmún ren ekkewe mi kkónó nōnnōmun manawer pachonong ekkewe ra chinnaponó.

### Chón Awora Sáfei seni Pharmacy

#### A Awora Ngeni Ekkewe Patient:

- Kékkéngeng me visit fán iten medication management ren ekkewe sókkun sáfei re kan akkangei.
- Free deliver sáfei ngeni imwen patient.
- Screening ren semwenin netip me/iká éúrek me referral ngeni néúch clinical psychologist iká psychiatric nurse practitioner fán iten pekin mental health.
- Mwesinen chekin suke me blood pressure seni ewe American Heart Association pwe kopwe kan chechcheki óm feitá chcha.

### Community Health Outreach

Wahiawā Health a weweiti ekkewe weires nōn ach community me a emecheresi an epwe tour medical care ren an:

- Áninnis ne set up waa ngeni medical appointment.
- Deliver sáfei.
- Emmweni ekkewe patient ngeni ekkewe áninnis ren mwéngé, housing, me hygiene supplies.

### Áninnis Pekin Semwenin Mental Health, Sakaw me Drugs, me Netip

- Ach behavioral therapist team a áeá fitu anen ániisi patient ne weweiti ekkewe ekiek mi efisaatá ar féffér ese pwúng.
- Behavioral therapy a tongeni ngeni aramas epinúkúnúk, anapaanó ar núkúnúk wōn pwisin iir, ániisiir ne relax me tongeni eááni ekiek pwúng.
- Patient ra tongeni káé ar repwe pwisin otufichi manawer me pwisin féeri siwin nōn manawer, anapaanó ar núkúnúk wōn pwisin iir me naponó ar fifiti ar treatment ren semwenin suke.

### Insurance

Ám mi etiwa meinisín sókkun insurance, pachonong AlohaCare, United Healthcare, HMSA, HMAA, Ohana Health Plan, UHA, Tricare Select, Medicare, Medicaid me pwan ekkóch private insurance. Iká ese wor noum insurance, kich mi tongeni ánisuk ne enroll me awora áninnis mi discount anóngōnōng wōn óm income iká mooni tonong.

### Atun Ach Suuk (ppii ewe website ren full list)

#### Semwenin Suke Center

Sárinfáán–Enimu: (7am – 7pm)

📍 302 California Ave. Suite 106, Wahiawā, HI 96786

Semwenin Suke Center - Suite 214 Semwenin Suke Center Direct: (808) 622-1601

☎ (808) 622-1618

✉ [info@wahiawahealth.org](mailto:info@wahiawahealth.org)

🌐 [wahiawahealth.org](http://wahiawahealth.org)

